

Regional Office No. 02

### The CVHRDC Strategic Plan **CY 2011**

#### I. Introduction

CVHRDC was organized five years ago, in 2006 in response to the need to establish an organization which will attend to the multi-faceted health problems in Region 02. The yearning is for an organization to provide research-based solutions. Most of those who urged the establishment of CVHRDC noted that while there is a Department of Health to provide services for he health needs in the Region, these services are based on knowledge/technologies shared from the Central Office which are responsible for searching for the solutions. In the meantime people while creating the appropriate solutions content themselves on the use of indigenous knowledge on herbal cures.

As CVHRDC have gathered knowledge and did researches on indigenous plant species which people, especially in Ethnic Communities, use traditionally, we are proposing in our 2011 activities deeper studies on ethnomedicinal plants and at the same time do activities to find solutions to current and recurrent as well as emerging health problems in Region 02.

#### II. The 2011 Plan of Activities

#### 2.1. **Objective:**

In pursuing the Mission and Vision of CVHRDC for the 2010-2013 plan period, the objectives for 2011 are as follows:

- 2.1.1. Further strengthen advocacy information activities and dissemination on CVHRDC and PNHRS priorities with assurances of integrating local priority needs.
- 2.1.2. Upgrade further the Health Research Capability in the Region.
- 2.1.3. Conduct Research addressing the following concerns:
  - Ethnomedicinal plants in various ethnic communities. 2.1.3.1. The consortium believes that the species can be the starting point for establishing an Ethnomedicinal plantbased mini industry in the Ethnic Community. With Government assistance and with the establishment of the key Result Areas of industry such as production of raw materials, supplies needed in the production and processing, the processing into formulations, training people, etc. will benefit the whole community.
  - Lifestyle diseases 2.1.3.2.
  - 2.1.3.3. **Delivery of Health Services**

Tel. Nos. (078) 846-7241, 304-3426 Fax No.: (078) 304-8654

e-mail Address: CVHRDC@yahoogroup.com



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2.1.3.4. Food Safety and other environmental concerns. We will pursue our plan on working on the pesticides used by farmers in Region 02. We will do some experimental researches on the effect of systemic pesticides used specially on tomato, ampalaya and others. We will try to answer the question "will systemic pesticides affect the Lycopene content of tomato?"; "the charantin content of ampalaya?" and others.

We will also expand the work on Potassium Bromate content of flour-based bakery products where exploratory studies revealed that some brands of tasty bread have potassium bromate contents at levels that could affect human health. From there we could work hand-in-hand with Local Government Unit and Health Boards to propose Policies for Local Legislation on the regulation of the use of potassium bromate flour mixtures.

2.1.3.5. To upgrade research facilities and infrastructures.

#### 2.2. Strategies

### 2.2.1. Working Committees

To implement the above objectives we have reorganized our working committees (Regional Technical Working Groups)

- 2.2.1.1. Administration/Management/Finance Committee
- 2.2.1.2. Research Management Committee
- 2.2.1.3. Capability Building Committee
- 2.2.1.4. Research Information and Communication Committee
- 2.2.1.5. Ethics Review Committee

The above committees work in consultation with each other and, whenever necessary, conduct joint meetings whenever activities cut across the concerns of the committees.

### 2.2.2. Strategies

Our strategies for the year are:

- 2.2.2.1. Expansion of CVHRDC membership
- 2.2.2.2. Establishing active partnership with Local Health Boards



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- 2.2.2.3. Strengthening network through a Health Information and Exchange Center
- 2.2.2.4. Implementing R & D priorities and assisting member agencies as possible centers of excellence
- 2.2.2.5. Strengthening CVHRDC partnership with NGOs and other organizations as possible sources of research funds.

### 2.3. Programs and Projects

We have initially identified for the 2010-2013 R & D plan. Herbal medicines, lifestyle and related diseases, health delivery services and environment Health R & D programs. Our experience in 2010 brought to fore other areas. Thus projects initially submitted for consideration at the end of 2010, some of them indicated in the 2010 Accomplishment Report, brought out concerns of special groups. Ethnic, Pregnant women, Farmers, young adults, etc. but through all of these submissions and forthcoming submissions our projects may be categorized into what we have ventured in our first strategic planning in 2010.

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- 2.3.1. Herbal medicines R & D Program
- 2.3.2. Lifestyle and Related Disease R & D Program
- 2.3.3. Health Financing/Health Delivery Services R & D Program
- 2.3.4. Environmental and Food Safety R & D Program



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#### **III. Working Committees**

#### **Research Management Committee:**

Chair: Dr. Roberto M. Macatuggal, ULS

Members:

Dr. Rustico B. Santos, CVHRDC, Exec. Dir.

Dr. Marilyn Martinez, CVHPP-PITAHC

Dr. Jesus Pizarro, SPUP

Dr. Reynald delos Trinos- NVSU

Dr. Armenio Liban, Jr.- UCV

#### **Research information Committee:**

Chair: Dr. Dindo V. Asuncion- USLT

Members:

Dr. Herita Macarubbo, POPCOM

Dr. Nestor Calvan- CHED

Dr. Bonifacio Ramos-SMU

Dr. Jose Cardenas- MCNP

#### **Ethics Committee:**

Chair: Ms. Sandra M. Sangab- DOH-CHD

Members:

Ms. Miriam Macutay- ISU

Dr. Joy Lorica- SPUP

Dr. Rhoderick Ian Reyes/Dr. Villanueva- CVMC

### **Capability Building Committee:**

Chair: Dr. Rodina Gorospe- CSU

Members

Ms. Ma. Victoria Lingan- DENR

Mr. Jesus Anthony Lingan/Ms. Rosaleeh Guzman-PHIC

Ms. Elvira Alan/Mr. Leomar Israel- NEDA

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### **PICTORIALS**





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